

Alberta Mental Health Literacy Project



PRESENTED BY

Andrew Baxter



SERIES SESSIONS

Date	Time
October 09, 2018	9:00 AM - 3:30 PM



LOCATION

**The VisitLethbridge.com Arena Lounge -
2510 Scenic Drive S**

FEE

\$30.00

QUESTIONS?

Contact Us:

[403-381-5580](tel:403-381-5580)

REGISTER ONLINE

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south.aplc.ca

Learning Opportunity

“Go-To” Educator refers to any school staff (guidance counsellors, psychologists, administration, etc.) that students naturally feel comfortable asking for help and talking about their problems. The goal of this one day Go-To Educator Training Program is to develop mental health literacy amongst staff. It provides information regarding early identification of mental health problems and mental disorders. This knowledge allows teachers to make effective referrals that link students in need of help to their local care organization within and beyond the school system. The training is offered to entire school staff and includes a print package of all information presented.

The Alberta Mental Health Literacy Project strives to increase understanding of mental health in the school setting. The project works to raise literacy amongst students and staff in the following areas:

- Understanding how to foster and maintain good mental health
- Understanding mental disorders and their treatments
- Decreasing Stigma
- Understanding how to seek help effectively and utilize referral pathways to health care services

This learning opportunity is offered through curriculum implementation funding from Alberta Education.

Presenters

Andrew Baxter

Andrew Baxter MSW RSW has worked in School Based and Community Mental Health for over 15 years. During his time with Alberta Health Services, he has provided direct treatment and consultation services for children and families in Kindergarten through Grade 12. Currently, Andrew chairs the School Based Mental Health Quality Improvement Committee and sits on the Child and Adolescent Addictions and Mental Health Standards Committee. His main role with AHS is to serve as the Coordinator for the Mental Health Literacy Project which is currently rolling out in 8 school boards across Alberta. His educational background is in psychology and social work.

Registration Notes

Lunch and refreshments will be provided.



Supporting every educator
in every classroom