The Consortium
South Office

Collaborative Problem Solving - Levels 1, 2,3 - East

PRESENTED BY

Kent Hollingsworth

SERIES SESSIONS

Date	Time
October 01, 2025	9:00 AM - 3:00 PM
December 03, 2025	9:00 AM - 3:00 PM
March 04, 2026	9:00 AM - 3:00 PM

LOCATION

Grant Henderson Learning Center at Medicine Hat Public School Division - 601 1 Ave SW

FEE

$450.00

QUESTIONS?

Contact Us:
403-381-5580

REGISTER ONLINE

Visit our website to register:
south.aplc.ca

Learning Opportunity

The **Collaborative Problem Solving** approach pioneered by Dr. Ross Greene and Dr. Stuart Ablon through the Department of Psychiatry at Massachusetts General Hospital, help adults teach and assist children and youth who experience these challenging difficulties, while reducing the frequency and intensity of the explosive, inflexible non-compliant behaviors. Through large group opportunities, video excerpts, and case examples, participants will understand:

How different explanations and interpretations of these behaviors lead to dramatically different approaches. Why conventional reward and punishment procedures may not be effective for many children who fit this profile. The necessary steps in implementing the CPS approach. How to be part of the solution, rather than unintentionally adding to the problem.

CPS Session 1 - This workshop will be beneficial for you if:

- Positive Motivators (stickers, charts, money) don't seem to help the child and sometimes cause the situation to become worse.
- Negative Consequences (time outs, punishments, angry reprimands) don't change the compliant or more inflexible.
- The child or adolescent you are thinking about exhibits intense temper outbursts, oppositional behaviors, and/or verbal and physical aggression.

CPS Session 2 - Beyond The Basics Level: Working with Explosive/Non-Compliant Individuals Using the Collaborative Problem Solving Approach

Level II builds on the participant's previous knowledge of the CPS Approach. In this interactive workshop, individuals will:

- Explore scenarios and develop action plans using the CPS approach and the Thinking Skills Inventory.
- Learn how to apply the CPS philosophy to those with special needs and non-verbal individuals.
- Troubleshoot common errors people make in the 3 steps of CPS.

Role play and practice are key components of the model.

Level 3: CPS In Action - Supporting Positive Growth in Individuals with Challenging Behaviors

Workshop Objectives:
Review and understand the key differences between a motivation deficit paradigm and the skills deficit paradigm that the CPS model is founded on.

- Understand key factors in adults that contribute to the ability to successfully help others who experience challenges.
- Increase confidence and skills by practicing the CPS steps in small teams, including applying the principles to a variety of case studies. Understand how and why CPS is a trauma - informed practice and aligns with Bruce Perry's Neurosequential Model.
- Explore 7 factors that impact the ability to successfully implement the Collaborative Problem Solving approach

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Presenters

Kent Hollingsworth

Kent Hollingsworth, M.A., CSFT, has been providing counseling support to children, youth and adults for more than 20 years. He is a Behavior and Clinical Consultant and Certified Solution Focused Therapist and Supervisor. He has attended advanced level training with Dr. Greene, and has facilitated workshops in the Collaborative Problem Solving approach to schools, agencies, group homes, and parents for over a decade, with a primary focus on supporting persons with neurodevelopmental challenges. He teaches Level 1, 2 and 3 full day CPS Workshops, as well as Supporting Adults with Challenging Behaviors: A Collaborative Approach. In addition, he also provides training workshops on Solution Focused Therapy and Grief & Loss.

Kent is a 3-time presenter at the North American Solution Focused Therapy Conference.

Registration Notes

You can register individually at $175 / session or for all three sessions at $450.

It is recommended that you take the Neurosequential Model (Foundation for CPS) training on August 20, 2025.