

# SAIL 2025: Community IS Unity: Building Bridges NOT Barriers (Student Leadership Conference)



PRESENTED BY

**Student Leaders & Orlando Bowen**



SERIES SESSIONS

Date	Time
May 15, 2025	9:00 AM - 2:30 PM



LOCATION

**Lethbridge Polytechnic - 3000 College Dr S**

FEE

**\$20.00**

QUESTIONS?

Contact Us:

[403-381-5580](tel:403-381-5580)

REGISTER ONLINE

Visit our website to register:

[south.aplc.ca](https://south.aplc.ca)

## Learning Opportunity

### SAIL 2025:

This student-driven leadership conference of the Southern Alberta Interscholastic Leadership team is open to students across Southern Alberta particularly targeting students currently in grades 9-11 who are intending to be in leadership classes, leadership groups/teams at their school next year.

Our keynote is [Orlando Bowen](#) - he is focused on equipping individuals to “get off the sidelines” and become difference-makers on their teams and in the lives of those around them.

The students who will be presenting at breakout sessions have developed sessions along these themes:

1. Building Student Engagement
2. One School Many Cultures
3. Disconnect - Reconnect your Relationships
4. Breaking Barriers - Opening Relationships
5. Countering Disrespect
6. Fundamental Tools - Community Kindness
7. We have Strengths, Let's Use Them
8. Communication EQUALS Community
9. Mental Health - Managing Stress
10. After High School Taking it Forward
11. Our Senses, Our Strengths
12. More than one way to Mix our Community
13. Linking Physical and Mental Health

Students (and their advisors) will experience a full day of learning and activities for students engaged in leadership work at

their schools and teachers.

The Keynote and sessions are designed to provide all participants with ideas and directions to take back to their schools as they work to conclude the 2024-25 school year and prepare for leadership activities for 2025-2026.

#### The Day at a Glance

9:00 - 10:00 Greetings and Keynote: Orlando Bowen

10:15 - 11:00 Breakout One

11:15 - 12:00 Breakout Two

12:00 - 12:45 Lunch Provided at Lethbridge Polytechnic

1:00 - 1:45 - Breakout Three

2:00 - 2:30 Closing Learnings and Invitation to Impact

Participants will be assigned to groups and rotate three times to different breakouts. We encourage schools to bring students who will be returning to your high school for 2025-26 so that they can take what they learn and weave it into their work for the next year. As we have far more groups presenting than breakout times, the intent is to have someone from each school attend in mixed groups a diverse # of sessions and share what they learned with their schoolmates to get the broadest exposure to as many presentations as possible.

The organizing team invites high schools not actively involved in the planning and breakout session development to send a group of student leaders and their advisors to join us for this great learning opportunity and day at Lethbridge Polytechnic.

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## Presenters

### Student Leaders

A collection of awesome student leaders from Livingstone Range, Lethbridge 51, Holy Spirit, Palliser and Horizon School Division High Schools will be leading the breakout sessions.

### Orlando Bowen



Orlando Bowen is a highly sought-after keynote speaker who works with corporations, small businesses, and nonprofits to become powerful allies and show up in ways that transform individual and collective possibilities. He is a former football player whose career was cut short by a vicious assault that almost cost him his life. He has privately and publicly forgiven his attackers and despite all he has been through, he remains steadfast and committed to pouring into others.

Empowering people to overcome adversity, find their passion, and use their gifts to serve is the reason Orlando breathes.

This gift has placed Orlando on hundreds of stages, boardrooms, and in presentations across North and South America and has garnered him numerous awards.

?Orlando uses his experiences as a professional athlete and champion of the community to challenge the mindset and deepen the connection of what's possible.

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## Registration Notes

Please contact Heather Pearson for registration of students after May 12 - [heather.pearson@aplc.ca](mailto:heather.pearson@aplc.ca)



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in every classroom