

Distracted: Why Students Can't Focus and What You Can Do About It



PRESENTED BY

Chris Mattatall



SERIES SESSIONS

Date	Time
May 07, 2025	10:00 AM - 11:30 AM



LOCATION

Zoom Online Meeting - Zoom

FEE

\$0.00

QUESTIONS?

Contact Us:
[403-381-5580](tel:403-381-5580)

REGISTER ONLINE

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Learning Opportunity

Establishing a learning environment where students are able to actively pay attention and concentrate is a prerequisite to learning. Without it, students simply do not learn. How can this be possible in today's classrooms with so many potential distractors, attention deficits and attention fragmentation we seem to see in so many students?

In this session Dr. Chris Mattatall helps us explore ways in which teachers can address and navigate student distraction. Dr. Mattatall will use the book *Distracted: Why Students Can't Focus and What You Can Do About It* (Lang; 2020), as well as findings from the Science of Learning to share strategies that help classroom teachers reframe this problem and structure our teaching that creates, achieves and maintains attention for learning.

Presenters

Chris Mattatall

Dr. Chris Mattatall is an Associate Professor of Educational Psychology and Inclusion in the Faculty of Education. He teaches in both the undergraduate and graduate programs, helping to prepare pre-service teachers for an exciting life as professional educators. An educator for more than 30 years, Dr. Mattatall also conducts research in areas related to the Scholarship of Teaching and Learning, as well as early reading acquisition and intervention. He is also currently serving as the University of Lethbridge Board of Governors Teaching Chair (2023-2025).

Registration Notes

This session will be REPEATED on May 7 from 6-7:30 pm.



Supporting every educator
in every classroom