

# Hot Topics in School Health: Grief and Loss in Schools - Part II Supporting Student Wellness



PRESENTED BY

Healthy Schools & Nutrition Services AHS &  
Dr. Linita Eapen Mathew



SERIES SESSIONS

| Date              | Time              |
|-------------------|-------------------|
| February 12, 2025 | 3:30 PM - 4:45 PM |



LOCATION

Zoom Online Meeting - Zoom

FEE

**\$0.00**

QUESTIONS?

Contact Us:  
[403-381-5580](tel:403-381-5580)

REGISTER ONLINE

Visit our website to register:  
[south.aplc.ca](https://south.aplc.ca)

## Learning Opportunity

### Hot Topics in School Health Series:

Students grieve deeply and require support to move through the challenges and distress accompanying loss. Please join Dr. Linita Eapen Mathew as she explores the presence of student grief in Canadian schools. The session will define student grief, discuss the effect of trauma on the brain and learning, and provide educators with examples of how storytelling can support student grief work in the classroom. Using the art of structured storytelling, educators are guided on how to help students actively process and reconcile death and living losses.

## Presenters

Healthy Schools & Nutrition Services AHS

Dr. Linita Eapen Mathew

Linita Eapen Mathew is a Student Services Learning Leader within the CBE and a graduate course instructor through Athabasca University and the University of Calgary. In 2021, she completed her Doctor of Education through the University of Calgary, specializing in bringing grief work and death education to schools. Her two books, *Life: To Be Given Back Again to Whence It Came* (Winner of the 2024 IAANI's Outstanding Book Award) and *The Revelations of Eapen*, promote death education and teach educators and professional practitioners how to use storytelling to effectively process and reconcile with the death of a loved one. In 2024, she opened the Eapen Mathew Grief Centre to provide compassionate grief support services for the bereaved.

## Registration Notes

This session is part of a "Hot Topics in School Health Series" presented in collaboration with the AHS Healthy Schools Team. There will be a different topic every month. Please sign up if you cannot attend live but still want the recording.

Zoom link will be sent out in the registration email. Please check your junk/spam folder if you don't see it right away.



Supporting every educator  
in every classroom