

## Early Learning for Educators Series



### PRESENTED BY

Ruth Isaac & Nancy Small, Telesa Bullock,  
Laurie Haliwyz-Way & Lynae Egert, Britni  
Chambers, Dr. Robbin Gibb, Danielle Pluth



### SERIES SESSIONS

Date	Time
October 30, 2024	8:30 AM - 11:30 AM
October 30, 2024	12:30 PM - 3:30 PM
November 27, 2024	8:30 AM - 11:30 AM
November 27, 2024	12:30 PM - 3:30 PM
January 29, 2025	8:30 AM - 11:30 AM
January 29, 2025	12:30 PM - 3:30 PM
March 26, 2025	8:30 AM - 11:30 AM
March 26, 2025	12:30 PM - 3:30 PM
April 30, 2025	8:30 AM - 11:30 AM
April 30, 2025	12:30 PM - 3:30 PM
May 28, 2025	8:30 AM - 11:30 AM
May 28, 2025	12:30 PM - 3:30 PM



### LOCATION

Grant Henderson Learning Center at  
Medicine Hat Public School Division - 601 1  
Ave SW

### FEE

**\$25.00**

### QUESTIONS?

Contact Us:  
[403-381-5580](tel:403-381-5580)

### REGISTER ONLINE

Visit our website to register:  
[south.aplc.ca](https://south.aplc.ca)

## Learning Opportunity

### How do I do OT/PT strategies at school?

October-30-2024

AM – 8:30 to 11:30 or PM – 12:30 to 3:30

- The OT asked me to do the 'wiggle jiggle' and PT wants me to support the 'core'. Oh and how do we do that lift? This session is going to review the most frequently prescribed 'exercises' in the OT and PT school world along with an

explanation for why it is used.

### **Back to Basics with Behavior**

November-27-2024

AM – 8:30 to 11:30 or PM – 12:30 to 3:30

- Let's get back to the basics with understanding the reason for the behavior and some tried and true structures routines and strategies to support children in a classroom environment.

### **Call out to all Support Superheroes**

January-29-2025

AM – 8:30 to 11:30 or PM – 12:30 to 3:30

- Not all heroes wear capes, but we all share a common goal: to help the children communicate more effectively and confidently. Communication is at the heart of connection, learning, and growth. Today we'll explore practical tools, strategies, and techniques to support and enhance speech and language development. This will be an interactive and engaging session where we learn together and leave equipped to make a real difference!"

### **Mental Wellness in the Early Years**

March-26-2025

AM – 8:30 to 11:30 or PM – 12:30 to 3:30

- Understanding the mental wellness of young children from a developmentally appropriate, attachment focused, and family centered approach. Focus on supporting the wellbeing of young children within the context of their environment(s).

### **Building Executive Function and Resilience in Children Through Play**

April-30-2025

AM – 8:30 to 11:30 or PM – 12:30 to 3:30

- Play is a powerful means to enhance brain structure and function. It promotes learning, wellness, and healthy child development, but perhaps most importantly it supports the formation of positive, nurturing relationships with caregivers and educators. Building Brains Together has developed a curriculum of games for preschoolers- elementary school to be played with an adult (parent, caregiver, educator) based on evidence presented in the primary literature. Children who engage with this program show advances in cognitive development and particularly executive function compared to children who did not. Based on our findings both school divisions in Lethbridge use this approach in their preschool classrooms and it is now funded by the City of Lethbridge to promote resiliency in all citizens.

### **The OT Rocketship**

May-28-2025

AM – 8:30 to 11:30 or PM – 12:30 to 3:30

- You have heard of the Good Sense program where we focus on regulation and helping children get to the Just Right State for learning and play, but now learn how much more there is to it! Regulation is the foundation of our Good Sense OT Rocketship framework where we then build children's sensory motor, reflex integration, visual perception, interoception, fine motor and executive functioning skills! Learn strategies to help children gain skills and abilities above and beyond regulation to continue to help them grow and develop! Not only is this framework colour coded and easy to follow along, it is what we use in our reports for clinical reasoning so it will also further enhance your abilities when implementing the OT recommendations!
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## Presenters

### Ruth Isaac

Ruth Isaac is an Occupational Therapist who has worked in Pediatrics for the past 15 plus years here in Medicine Hat. She enjoys working with a variety of projects, seeing kids in the schools, clinic and community, as well as working collaboratively with other therapeutic team members. She enjoys the relationship building that comes with working with so many different children, families, teaching staff and other professionals. She is passionate about vintage jewelry, aerial silks, and finding a great London Fog to drink.

### Nancy Small

Nancy Small graduated from Physiotherapy at the University of Alberta in 1997. She has a passion for the growth, development and joy of children. She is passionate about how the development of gross motor skills is crucial to success in education. She is also a mother of 2 sons.

### Telesa Bullock

Behavior Interventionist with MHPSD Community Early Learning Program

### Laurie Haliwyz-Way

Speech Language Pathologist with Play on Words

### Lynae Egert

Speech Language Pathologist with Play on Words

### Britni Chambers

FSLW with MHPSD

### Dr. Robbin Gibb

Robbin Gibb received her PhD in 2004 from the University of Lethbridge. In July 2004, she accepted a faculty position in the Department of Neuroscience at the U of L. Her research is focused on elucidating the mechanisms underlying the influence of early (pre- and perinatal) experience in shaping the developing brain.

### Danielle Pluth

OT with Advance OT

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## Registration Notes

A discounted rate can be applied when you choose more than 4 sessions. Use the code 4ORMORE (case sensitive) upon checking out.

Please Note: Each date offers an AM and PM session. The PM session is a repeat of the AM session.



**Supporting every educator  
in every classroom**