

## Early Learning for Parent/Caregiver Series: Mental Wellness in the Early Years



PRESENTED BY

**Britni Chambers**



SERIES SESSIONS

Date	Time
March 25, 2025	6:30 PM - 7:15 PM



LOCATION

**Herald School - 301 5 St SW**

FEE

**\$0.00**

QUESTIONS?

Contact Us:

[403-381-5580](tel:403-381-5580)

REGISTER ONLINE

Visit our website to register:

[south.aplc.ca](https://south.aplc.ca)

### Learning Opportunity

Understanding the mental wellness of young children from a developmentally appropriate, attachment focused, and family centered approach. Focus on supporting the wellbeing of young children within the context of their environment(s).

Other series dates include:

- **October 29, 2024** - What are the OT and the PT Asking my Child to Do?
- **November 26, 2024** - Back to Basics with Behavior
- **January 28, 2025** - Call out to all Support Superheroes
- **March 25, 2025** - Mental Wellness in the Early Years
- **April 29, 2025** - Building Executive Function and Resilience in Children Through Play
- **May 27, 2025** - The OT Rocketship

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### Presenters

**Britni Chambers**

FSLW with MHPD

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## Registration Notes

Childcare will be available at the session.

This is part of a series and you may sign up for as many or as little as you like. Please see other sessions titled Early Learning Series on our website.



Supporting every educator  
in every classroom